

Hémorragie cérébrale : nouveaux modèles, nouveaux traitements
Session commune Société Française de Thrombose et d'Hémostase et Société Française Neuro-Vasculaire

Gestion de l'anticoagulation dans un contexte d'urgence : que disent les recommandations pour l'hémorragie cérébrale?

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INSERM UMRS 1140, Université Paris Cité

Liens d'intérêt : Aguetant, Alexion, Bayer Healthcare, BMS-Pfizer, Boehringer Ingelheim, Sanofi, CSL Behring, LFB, Octapharma, Stago, Viatris



RECOMMANDATIONS FORMALISÉES D'EXPERTS

De la **Société Française de Médecine d'Urgence**,
la **Société Française d'Anesthésie-Réanimation et médecine péri-
opératoire**

du **Groupe d'intérêt en Hémostase Péri-opératoire**
et **Société Française de Thrombose et d'Hémostase**

Gestion de l'anticoagulation dans un contexte d'urgence

2024

Anticoagulants et hémorragie intracérébrale

Spontaneous Intracerebral Hemorrhage

↗ anticoagulants over time

Béjot Y, Brain 2013

Anticoagulants : 8-27%

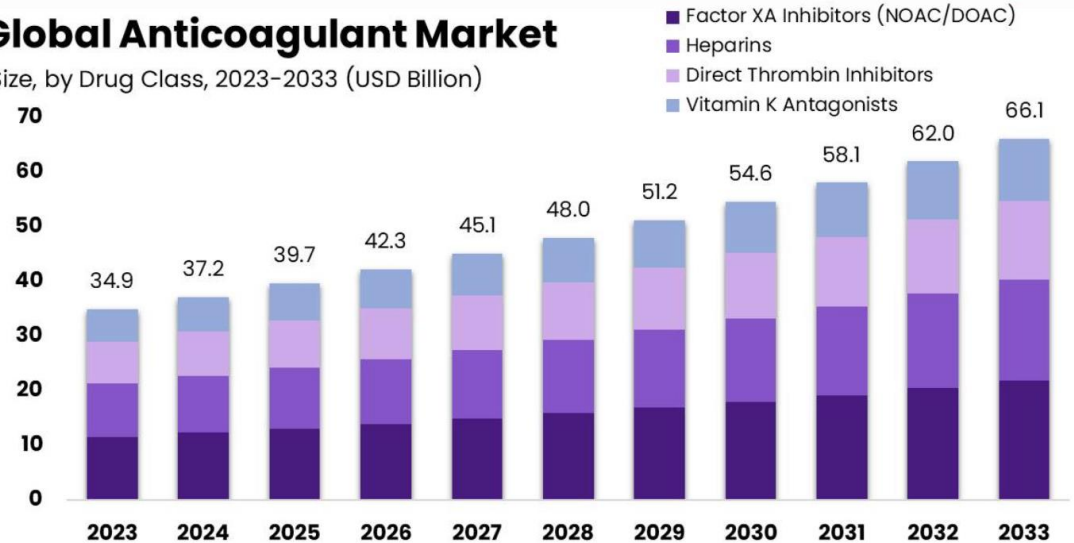
Larsen KT, J Am Heart Assoc. 2023

Ueno H. Sci Rep. 2024

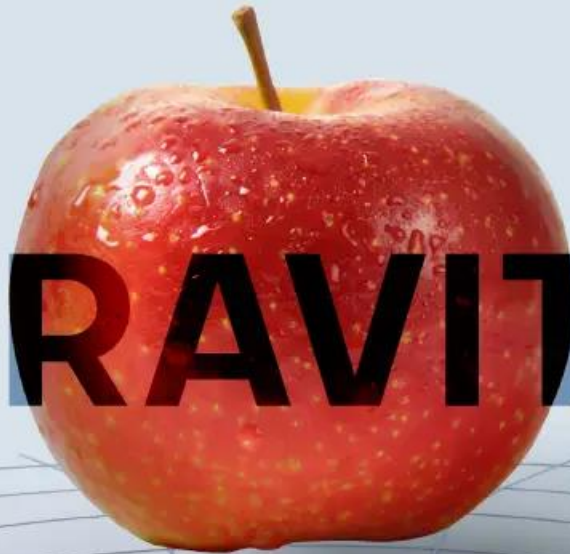
Rodriguez-Luna DNeurology. 2024

Global Anticoagulant Market

Size, by Drug Class, 2023-2033 (USD Billion)



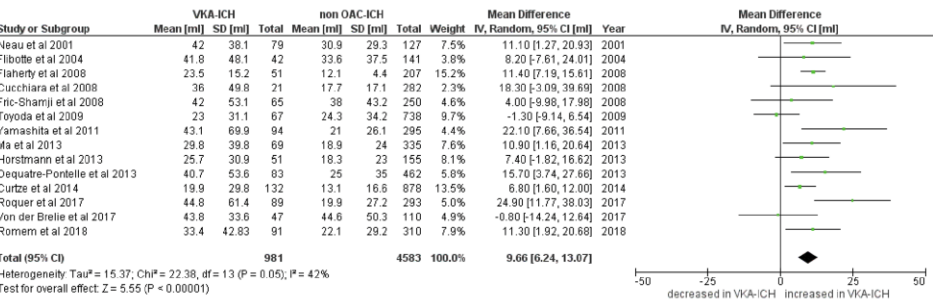
GRAVITÉ



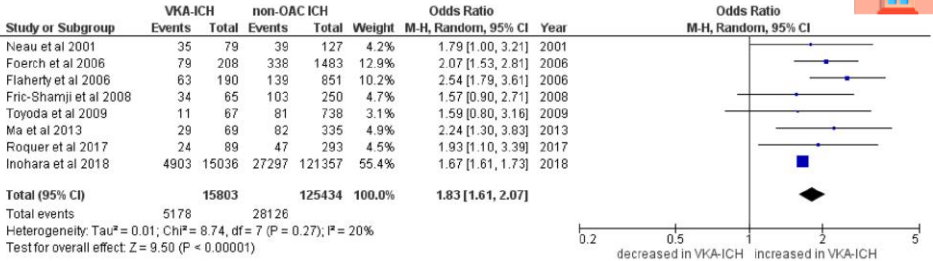
Meta-analysis of haematoma volume, haematoma expansion and mortality in intracerebral haemorrhage associated with oral anticoagulant use

Seiffge DJ, Goeldlin MB, Tatlisumak T, Lyrer P, Fischer U, Engelter ST, Werring DJ

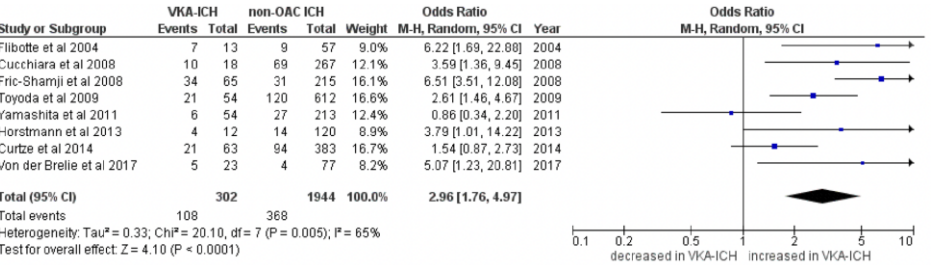
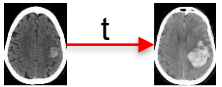
Mean difference of ICH volume in VKA-ICH compared to non-OAC ICH



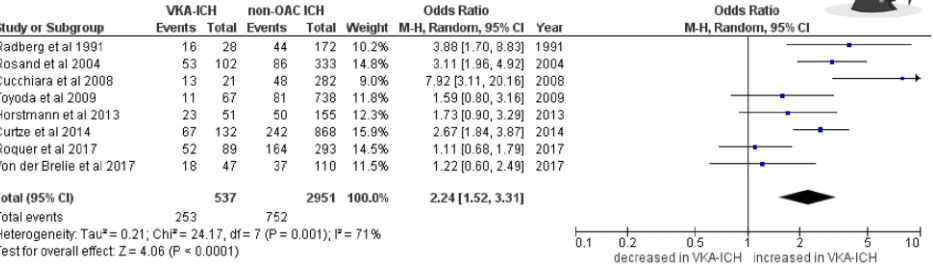
In-hospital mortality in VKA-ICH compared to non-OAC ICH



Rate of haematoma expansion (HE) in VKA-ICH compared to non-OAC ICH



3-month mortality in VKA-ICH compared to non-OAC ICH



AVK et mortalité

303 patients, imagerie à H6 et à H72

- AVK :
- volume initial de l'hématome + gros (30.6 versus 14.4 mL, $p=0.03$)
 - expansion de l'hématome + fréquente (56% vs 26% $p=0.006$)
 - mortalité + élevée (62% vs 17%, $p=0.001$)

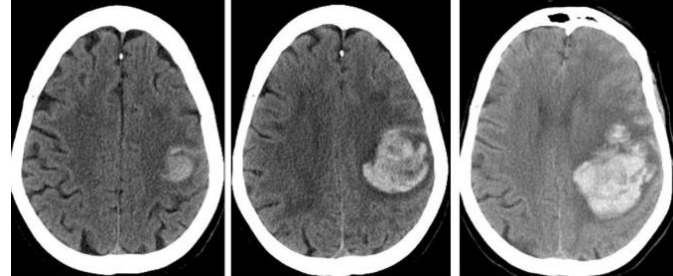
Factors associated with mortality

	Odds Ratio	95% CI	<i>P</i>
Including baseline ICH volume and hemorrhage expansion in model			
Age, per year	1.07	1.03–1.10	<0.001
Male gender	2.02	0.86–4.74	0.11
OAT	1.97	0.54–7.16	0.30
Baseline ICH volume, per cc	1.05	1.03–1.07	<0.001
Hemorrhage expansion	4.03	1.87–8.70	<0.001



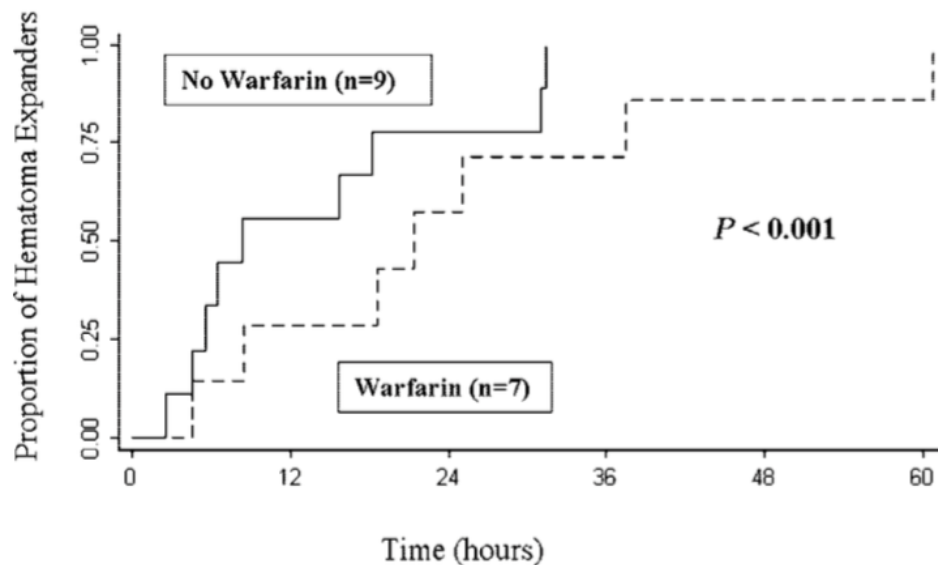
AVK et expansion de l'hématome

183 patients with intracerebral hemorrhage
23% (n=42) treated with warfarin



ICH expansion in patients with 2 or more CT scans

Characteristic	OR (95% CI)
Onset to baseline CT scan, h	0.99 (0.94–1.03)
Warfarin	6.22 (1.69–22.88)
Antiplatelet agent	0.42 (0.12–1.46)
Hypertension	0.31 (0.07–1.32)
ICH volume per 10 mL	0.84 (0.60–1.17)
IVH volume per 10 mL	1.12 (0.55–2.30)
Lobar location	1.02 (0.32–3.23)
GCS < 9	1.42 (0.25–8.16)
Glucose per 10 mg/dL	1.00 (0.81–1.22)
APOE ε4	0.46 (0.09–2.52)*
APOE ε2	5.13 (0.30–90.70)*



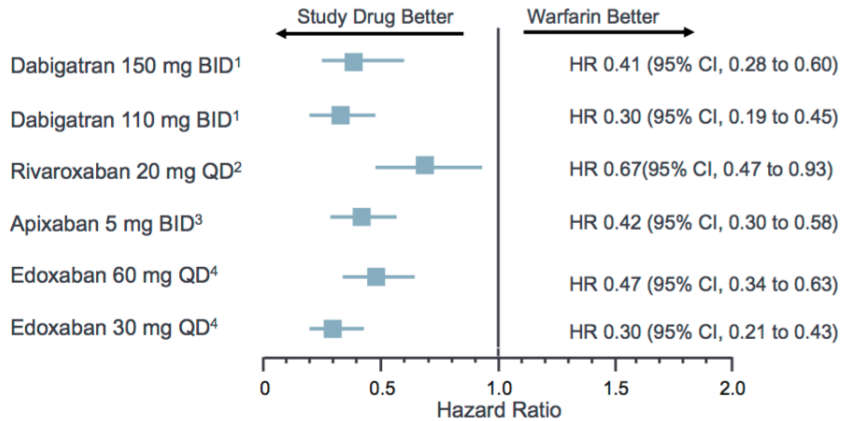
Anticoagulants oraux directs

↘ Risque d'hémorragie intracrânienne vs AVK

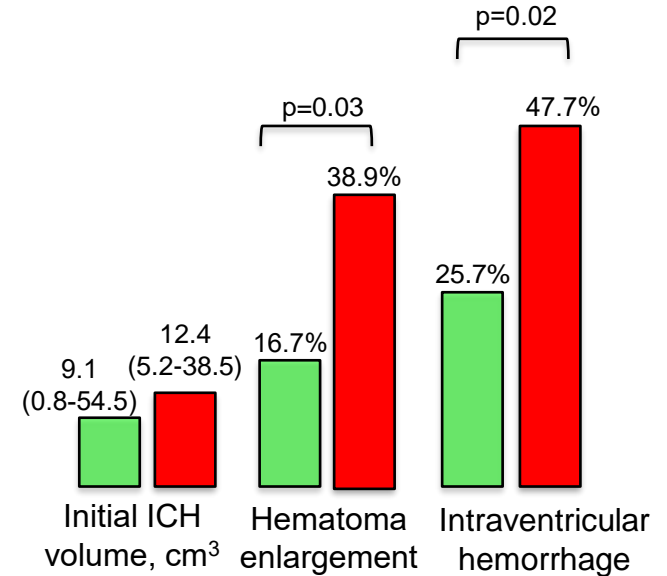
↗ Risque d'expansion de l'hématome

4 essais dans la Fibrillation atriale

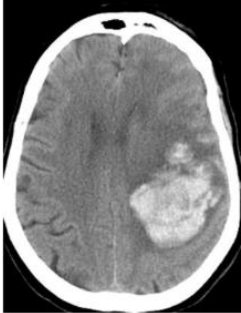
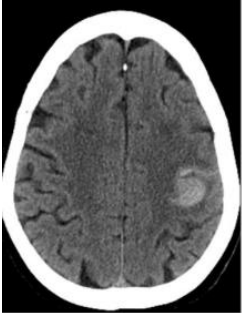
NOACs Compared to Warfarin: Intracranial Hemorrhage



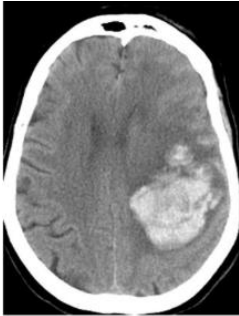
■ Present vs ■ Absent
Clinically Relevant Anticoagulatory Activity



Hémorragie cérébrale
associée aux anticoagulants



Hémorragie cérébrale
associée aux anticoagulants

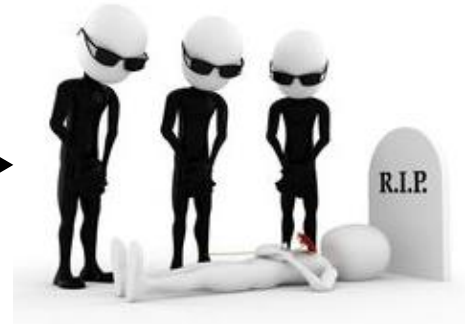


Prévention
de l'expansion?

Réversion des anticoagulants



Effets secondaires ?
Risque thrombotique ?
Coûts ?



Amélioration
du pronostic ?



Anticoagulants et hémorragie intracérébrale

Anti-vitamine K

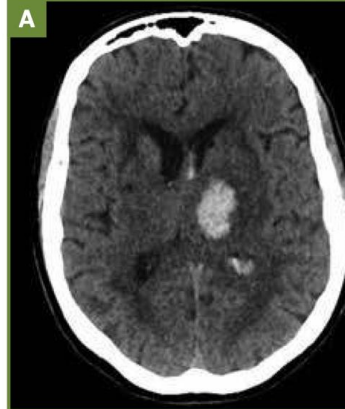
Dabigatran

Anti-Xa direct



Urgences

A



Prend-elle un anticoagulant?
Si oui, quel anticoagulant?



RFE 2024 : Gestion de l'anticoagulation dans un contexte d'urgence



R1.1.1 – Chez un patient dont les informations relatives à la prise d'un traitement anticoagulant ne sont pas connues, les experts suggèrent que l'activité anti-Xa (HNF/HBPM) et le temps de thrombine (TT) soient évalués en plus de la mesure du TP/INR associé au TCA, pour exclure ou détecter la présence d'un anticoagulant en circulation.

AVIS D'EXPERTS (accord fort)

RFE 2024 : Gestion de l'anticoagulation dans un contexte d'urgence



R1.1.2 – Chez un patient dont le traitement anticoagulant est connu, les experts suggèrent de réaliser les tests suivants pour évaluer le niveau d'anticoagulation :

- AVK : INR ou examen de biologie médicale délocalisée (Point Of Care INR) ;
- HNF/HBPM/fondaparinux : activité anti-Xa avec calibration adaptée ;
- AOD : mesure de la concentration du médicament.

AVIS D'EXPERTS (accord fort)

R1.1.3 – Les experts suggèrent de ne pas utiliser les tests viscoélastométriques pour dépister et identifier un anticoagulant en circulation ou déterminer le niveau d'anticoagulation.

AVIS D'EXPERTS (accord fort)

RFE 2024 : Gestion de l'anticoagulation dans un contexte d'urgence



R2.1.2 – Chez un patient traité par anticoagulant et présentant une hémorragie intracrânienne ou un choc hémorragique, il est recommandé de réverser le traitement anticoagulant sans attendre le résultat des tests biologiques, sauf s'il est disponible en quelques minutes.

AVIS D'EXPERTS (accord fort)

Anti-vitamine K

Fresh frozen plasma versus prothrombin complex concentrate in patients with intracranial haemorrhage related to vitamin K antagonists (INCH): a randomised trial

Thorsten Steiner, Sven Poli*, Martin Griebel, Johannes Hüsing, Jacek Hajda, Anja Freiberger, Martin Bendszus, Julian Bösel, Hanne Christensen, Christian Dohmen, Michael Hennerici, Jennifer Kollmer, Henning Stetefeld, Katja E Wartenberg, Christian Weimar, Werner Hacke, Roland Veltkamp*

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	Fresh frozen plasma (n=23)	Prothrombin complex concentrate (n=27)	Treatment effect (95% CI)	p value
Primary outcome				
INR \leq 1.2 within 3 h	2 (9%)	18 (67%)	OR 30.6 (4.7 to 197.9)*	0.0003
Secondary clinical outcomes				
Deaths at day 90	8 (35%)	5 (19%)	No proportional hazard assumed	0.14†
Secondary imaging outcomes				
Imaging data at 3 h¶				
Haematoma expansion (mL)	23.7 (28.4)	9.7 (20.9)	16.9 (2.5 to 31.3)‡	0.023
\geq 15% growth	16/22 (73%)**	15/26 (58%)**	OR 2.0 (0.6 to 7.3)*	0.29
\geq 33% growth	13/22 (59%)**	12 (44%)**	OR 3.8 (1.1 to 16.0)*	0.048
Imaging data at 24 h				
Haematoma expansion (mL)	22.1 (27.1)	8.3 (18.3)	16.4 (2.9 to 29.9)‡	0.018
\geq 15% growth or death	14/20 (70%)††	12/27 (44%)	OR 3.9 (1.0 to 17.6)*	0.044
\geq 33% growth or death	12/20 (60%) ††	8/27 (30%)	OR 4.8 (1.3 to 20.4)*	0.024

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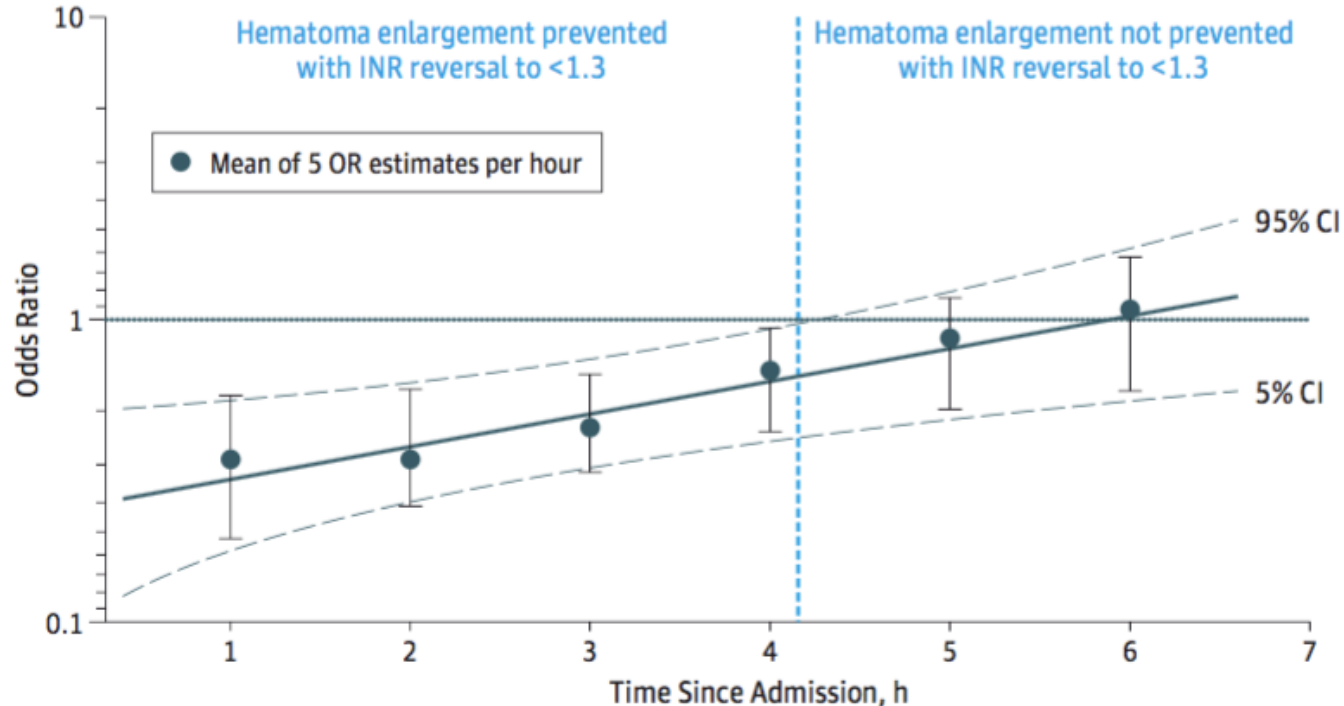
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Mais arrêt précoce de l'essai

Délais d'antagonisation des AVK

Association of Timing and Extent of INR Reversal With Hematoma Enlargement



Time to Anticoagulation Reversal and Outcomes After Intracerebral Hemorrhage

Sheth KN, Solomon N, Alhanti B, Messe SR, Xian Y, Bhatt DL, Hemphill JC, Frontera JA, Chang RC, Danelich IM, Huang J, Schwamm L, Smith EE, Goldstein JN, Mac Grory B, Fonarow GC, Saver JL.

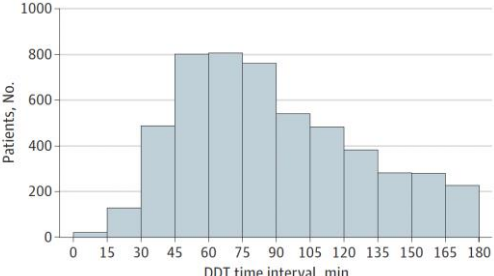
9492 patients with anticoagulation-associated ICH



7469 (78.7%) received reversal therapy

4616 of 5429 (85.0%) taking warfarin
2856 of 4069 (70.2%) taking a DOAC

onset-to-treatment time: 232 (142-482) min
DTT time: 82 (58-117) min
DTT ≤60 min: n=1449 (27.7%)



Use of a **reversal agent** was associated with **reduced in-hospital mortality** in both unadjusted (OR 0.78; 95%CI, 0.70-0.87) and adjusted (adjOR 0.74; 95%CI 0.62-0.88) analyses.

- DTT time ≤60 min** associated with:
- decreased mortality and discharge to hospice (adj OR 0.82; 95%CI, 0.69-0.99)
 - no difference in functional outcome (mRS score)

Guideline-concordant administration of PCC and vitamin K is associated with decreased mortality in patients with severe bleeding under VKA treatment

Tazarourte K. Crit Care 2014

822 VKA-treated patients with severe hemorrhage



Type of hemorrhage	All patients (N = 822)	Alive (N = 712)	Dead (N = 110)	P
Intracranial	262 (32%)	176 (25%)	86 (78%)	<0.001
Gastrointestinal	264 (32%)	253 (36%)	11 (10%)	<0.001
Deep-muscle hematomas	107 (13%)	103 (15%)	4 (4%)	<0.001
"Other"***	189 (23%)	180 (25%)	9 (8%)	<0.001
Admission INR	4.7 ± 3.4	4.7 ± 3.5	4.4 ± 2.7	0.236
Normal (≤1.5)	45 (5%)	40 (6%)	5 (5%)	0.385
Therapeutic (>1.5 to 4)	394 (48%)	341 (48%)	53 (48%)	
Supratherapeutic (>4)	345 (42%)	300 (42%)	45 (41%)	
VKA reversal				
Guideline-concordant	313 (38%)	280 (39%)	33 (30%)	

Guideline-concordant VKA reversal?
≥ 20 IU/kg FIX equivalent PCC
≥ 5 mg of vitamin K
< 8 hours after admission

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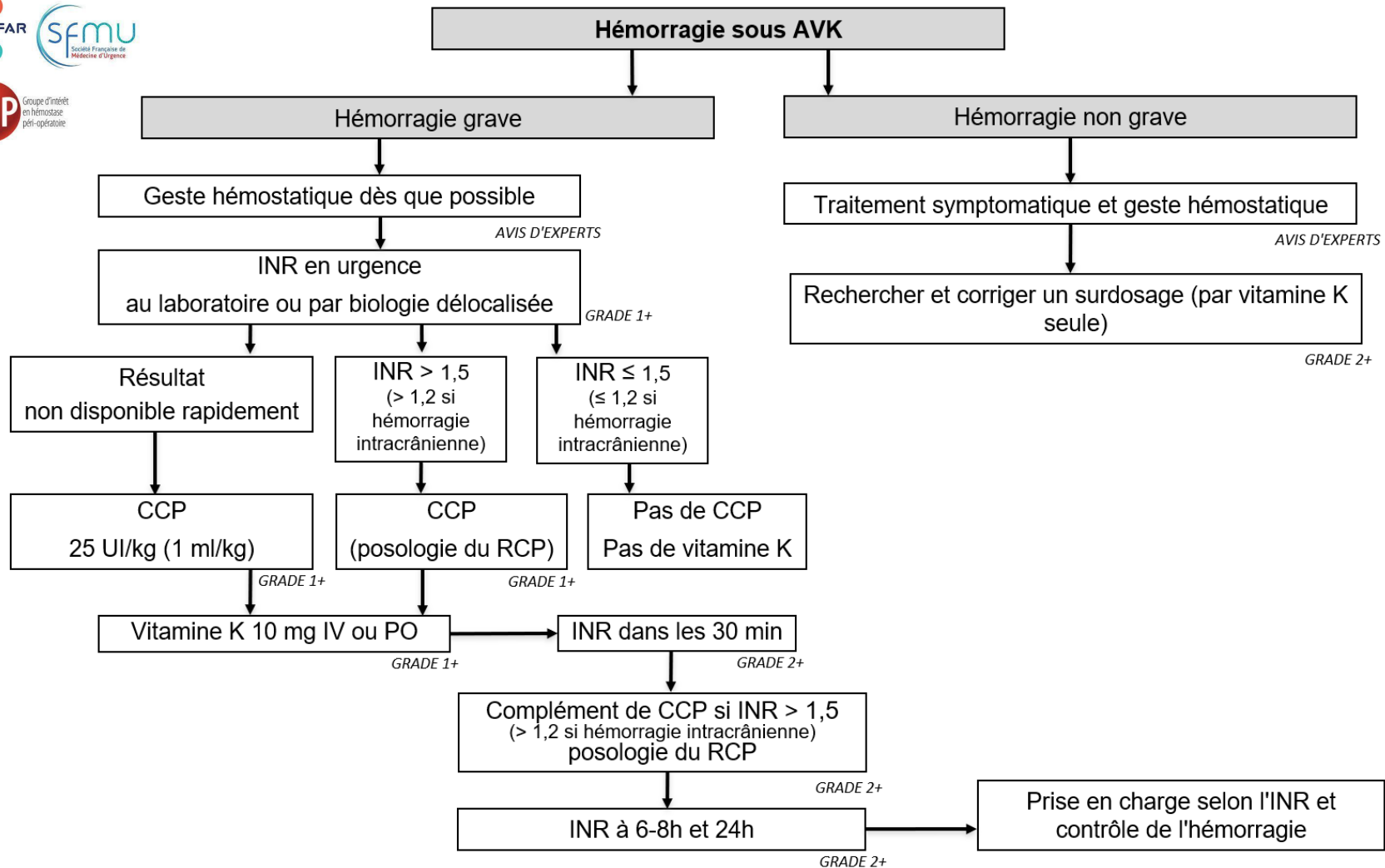
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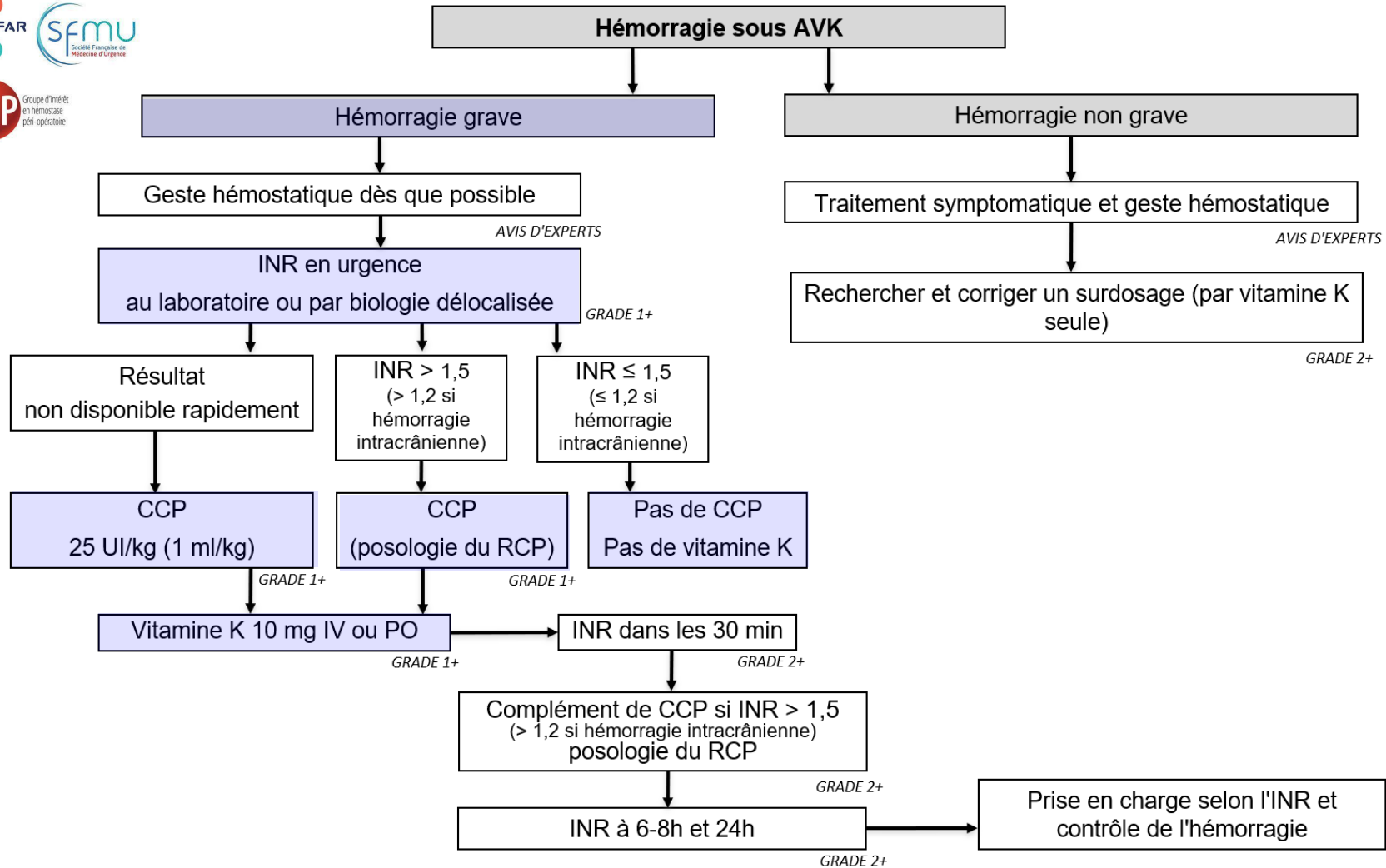
Guideline-concordant VKA reversal?
 ≥ 20 IU/kg FIX equivalent PCC
 ≥ 5 mg of vitamin K
 < 8 hours after admission

Seven-day mortality
 Multivariate analysis
 Guideline-concordant VKA reversal
 OR = 2.15 (1.20 to 3.88); p= 0.011



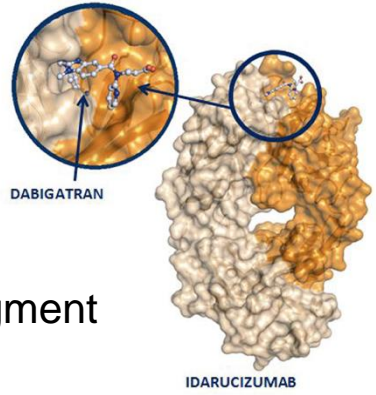
Mortality reduction also observed when
 only ICH was considered
 OR = 3.23 (1.53 to 6.79); p=0.002





Anticoagulants oraux directs

Idarucizumab for Dabigatran Reversal



humanized monoclonal antibody fragment



Idarucizumab for Dabigatran Reversal

Full Cohort Analysis

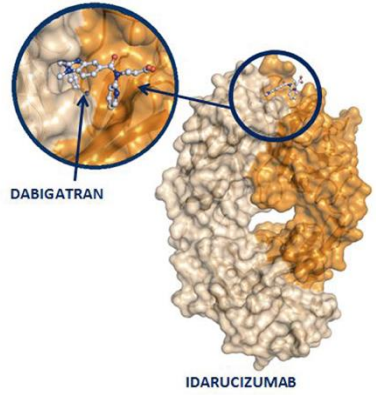
Charles V. Pollack, Jr., M.D., Paul A. Reilly, Ph.D., Joanne van Ryn, Ph.D.,

503
Dabigatran
treated patients

- Uncontrolled bleeding
- Urgent procedure

→ 5 g idarucizumab IV

→ Diluted thrombin time
[unbound dabigatran]



Idarucizumab for Dabigatran Reversal

Full Cohort Analysis

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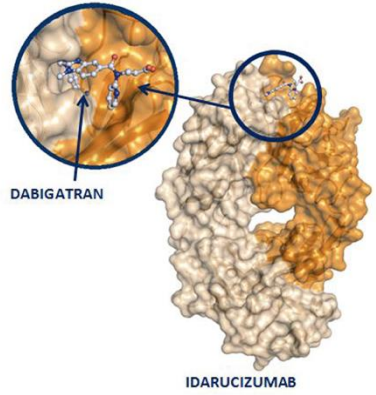
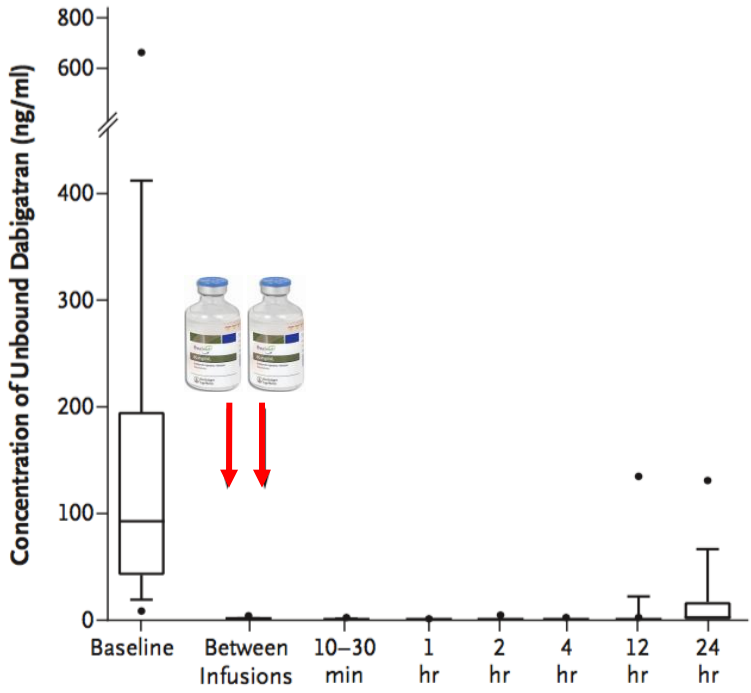
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Full Cohort Analysis

Charles V. Pollack, Jr., M.D., Paul A. Reilly, Ph.D., Joanne van Ryn, Ph.D.,

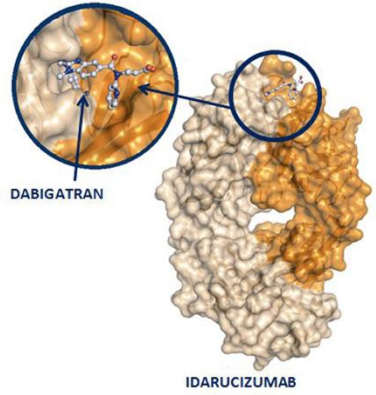
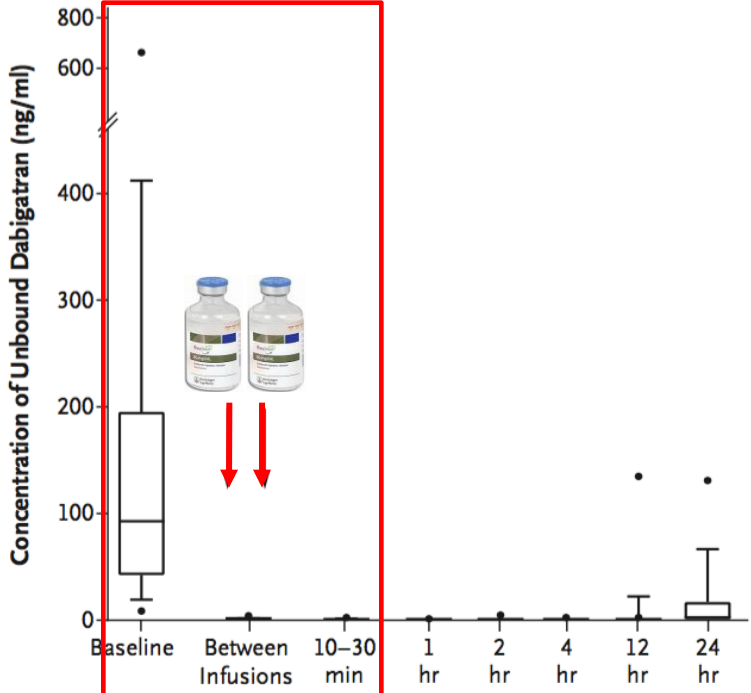
503
Dabigatran
treated patients

Uncontrolled bleeding

Urgent procedure

5 g idarucizumab IV

Diluted thrombin time
[unbound dabigatran]



Idarucizumab for Dabigatran Reversal

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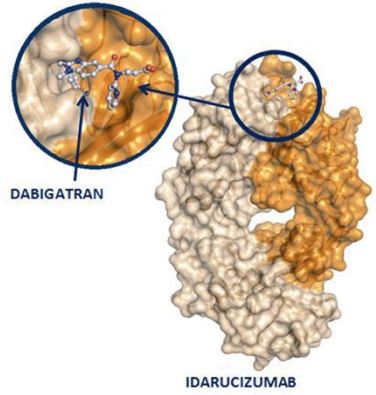
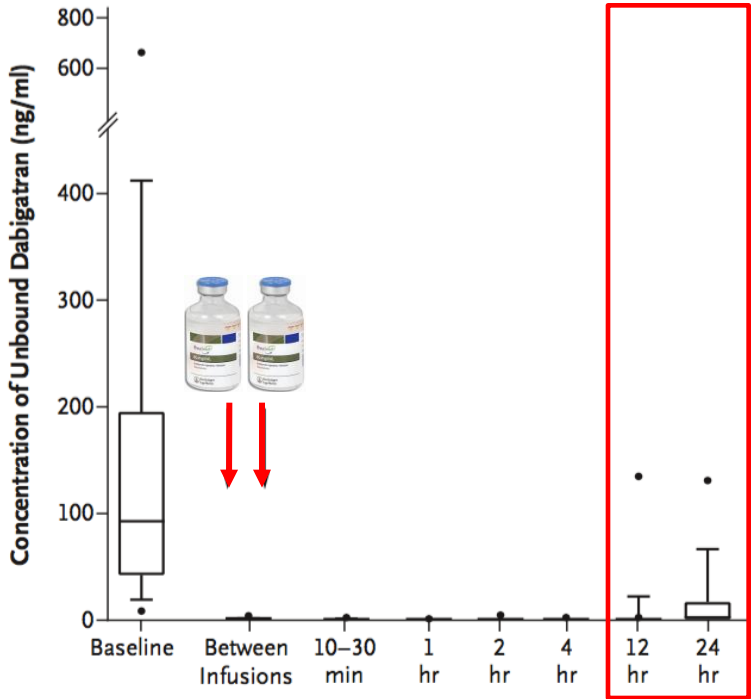
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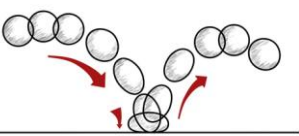
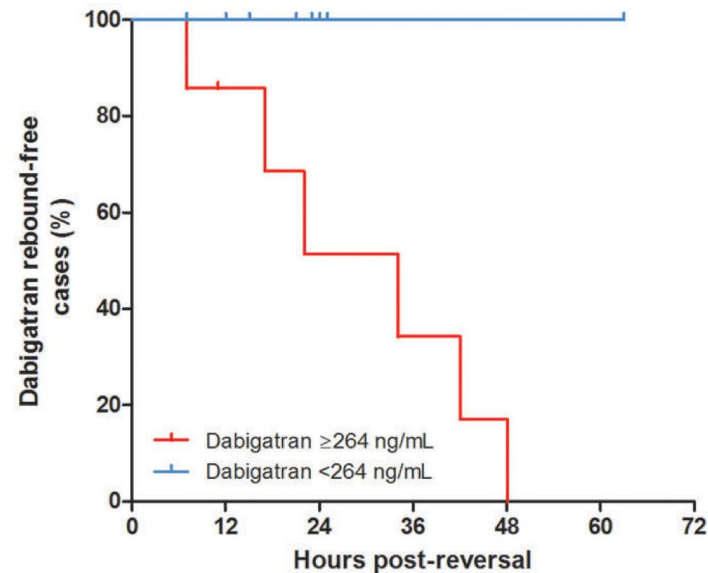
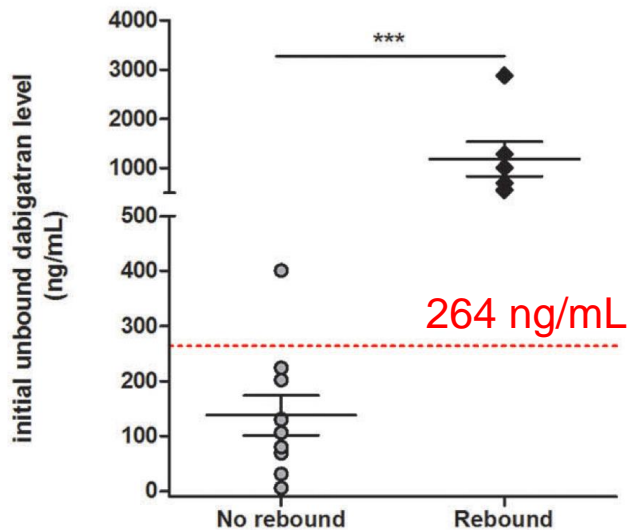
- Re increase [dabigatran](23%)
- Recurrent bleeding
- Discuss 2nd administration



Dabigatran Level Before Reversal

Can Predict Hemostatic Effectiveness of Idarucizumab in a Real-World Setting

Gendron N, Chocron R, Billoir P, Brunier J, Camoin-Jau L, Tuffigo M, Faille D, Teissandier D, Gay J, de Raucourt E, Suner L, Bonnet C, Martin AC, Lasne D, Ladhari C, Lebreton A, Bertoletti L, Ajzenberg N, Gaussem P, Morange PE, Le Cam Duchez V, Viallon A, Roy PM, Lillo-le Louët A, Smadja DM.



Idarucizumab for Dabigatran Reversal

Full Cohort Analysis

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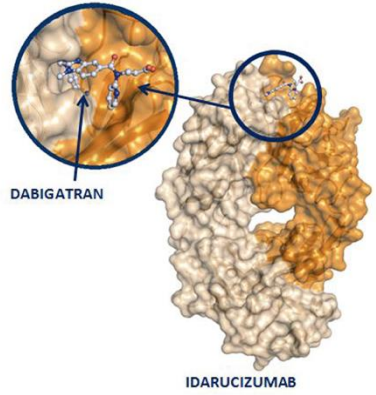
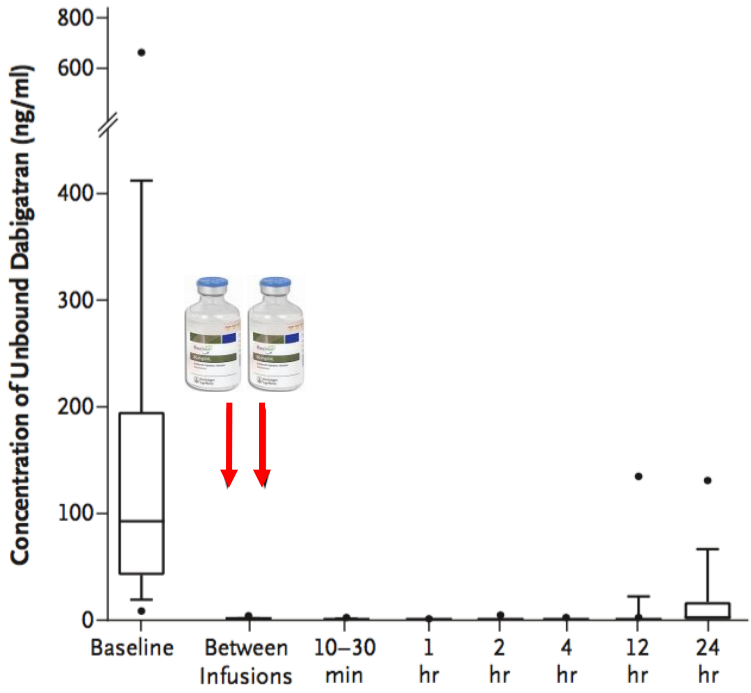
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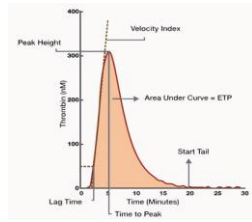
5 g idarucizumab IV

Diluted thrombin time
[unbound dabigatran]



Thromboembolic events
4.8% within 30 days after idarucizumab administration

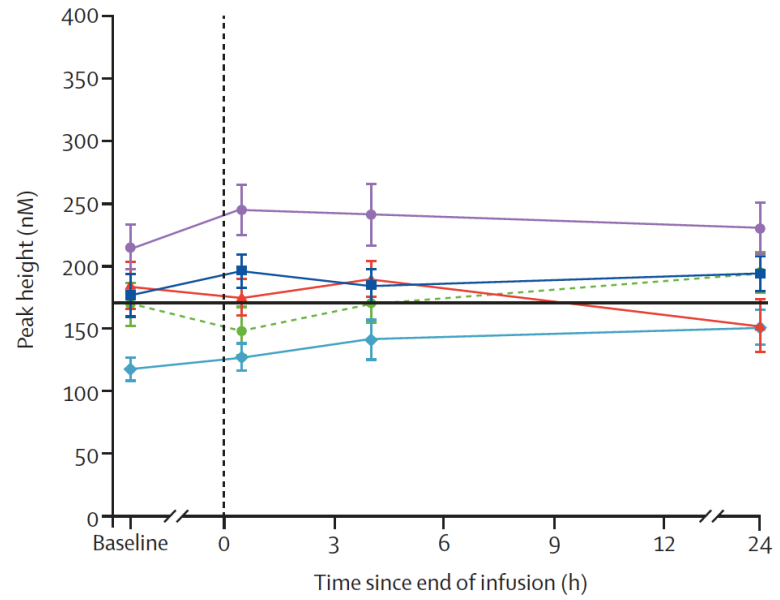
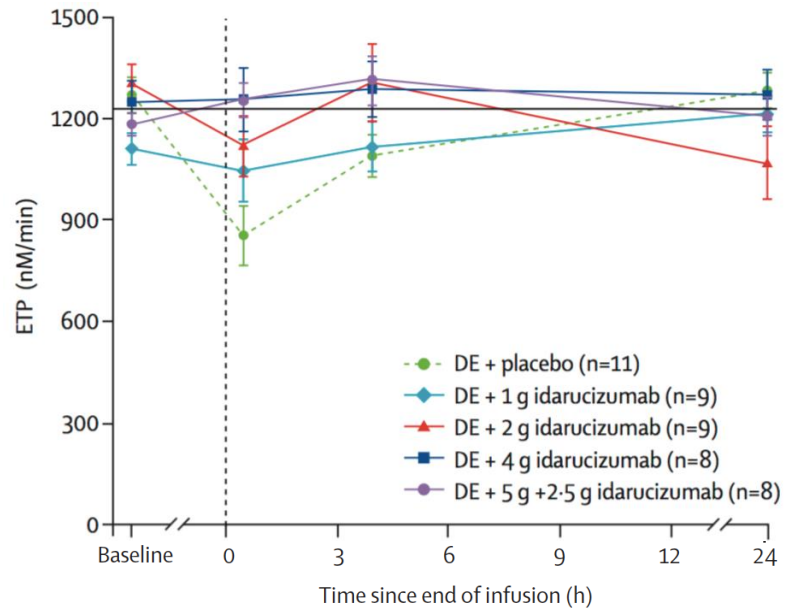




Safety, tolerability, and efficacy of idarucizumab for the reversal of the anticoagulant effect of dabigatran in healthy male volunteers: a randomised, placebo-controlled, double-blind phase 1 trial

Stephan Glund, Joachim Stangier, Michael Schmohl, Dietmar Gansser, Stephen Norris, Joanne van Ryn, Benjamin Lang, Steven Ramael, Viktoria Moschetti, Fredrik Gruenfelder, Paul Reilly, Jörg Kreuzer

Génération de thrombine chez des volontaires sains prenant du dabigatran (220 mg x2/j 3j) puis de l'idarucizumab



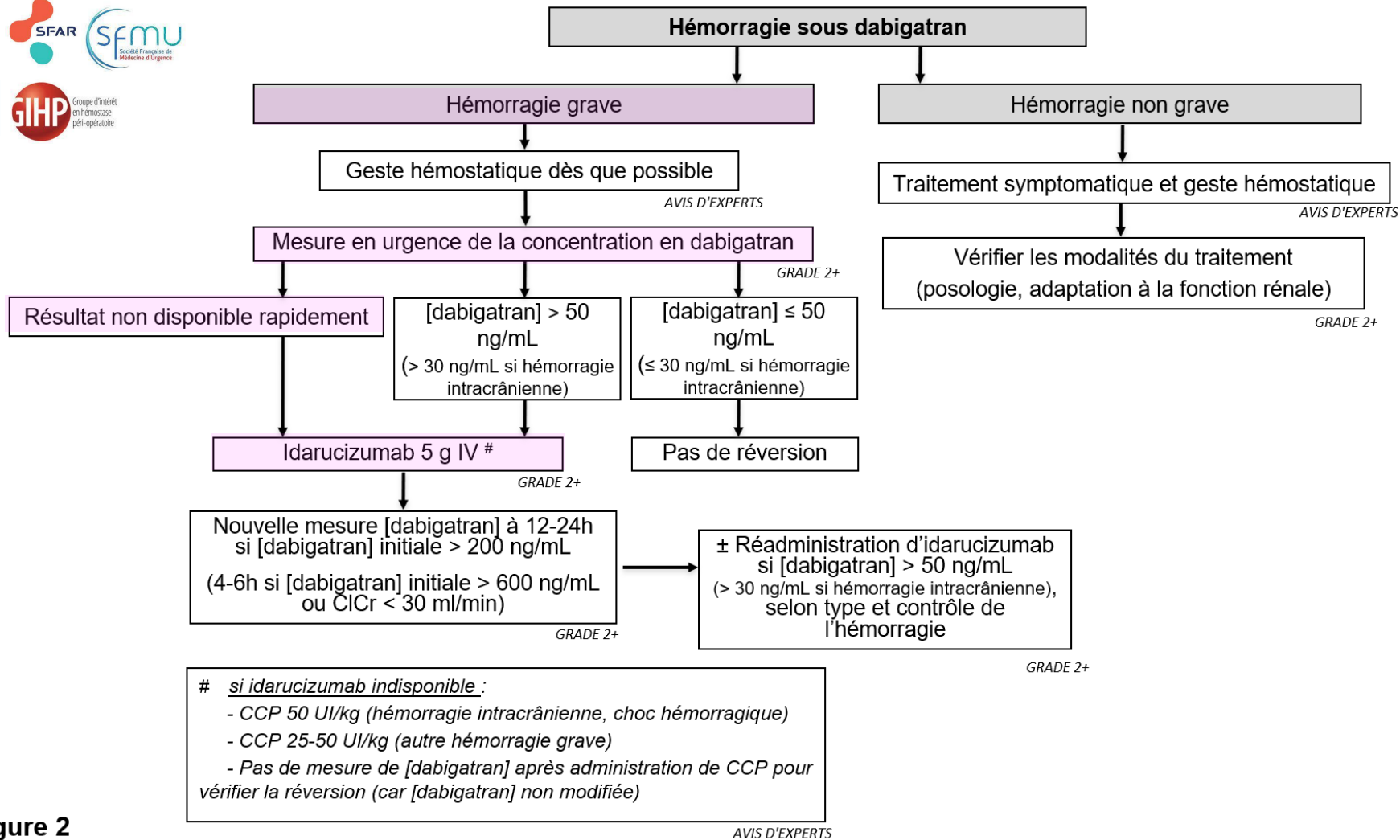


Figure 2

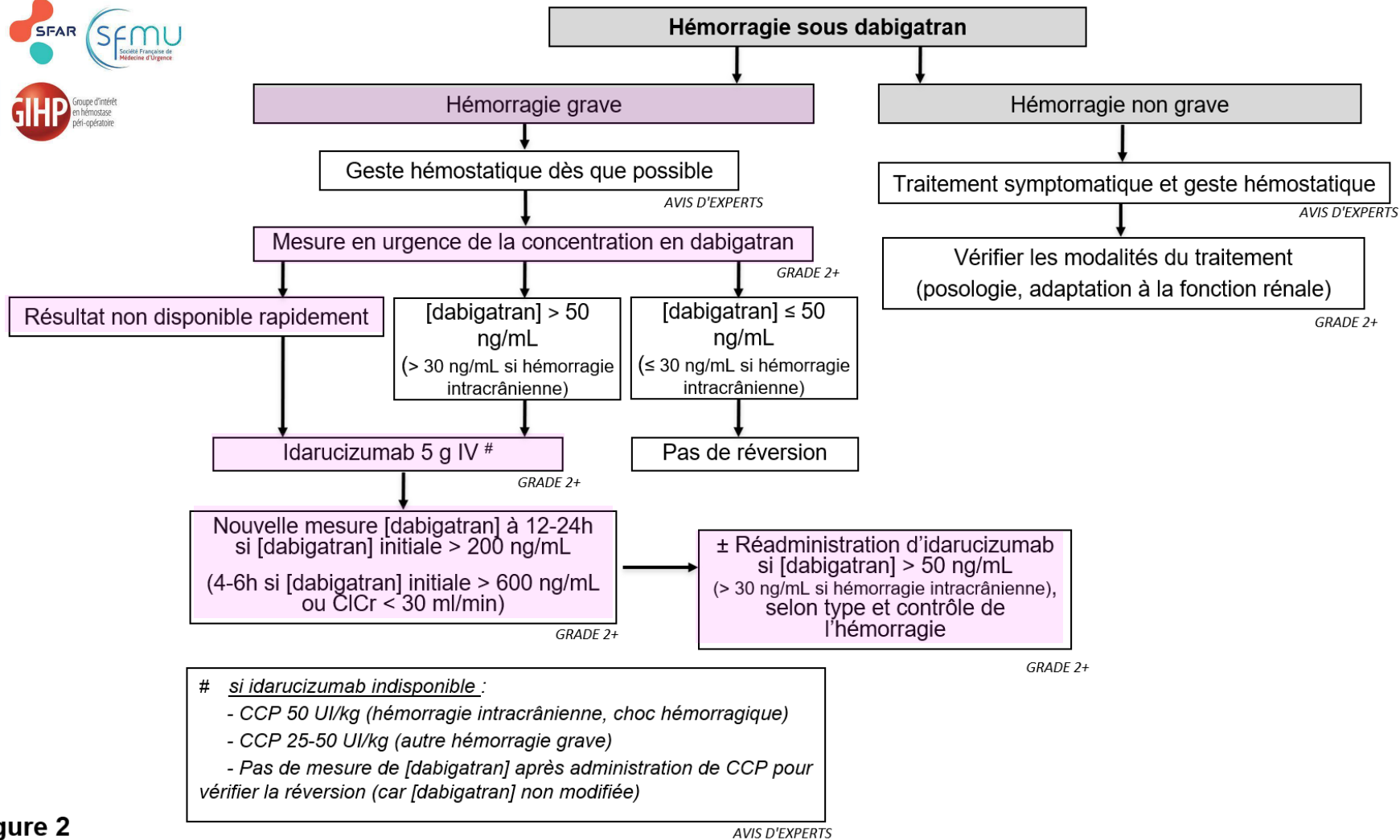
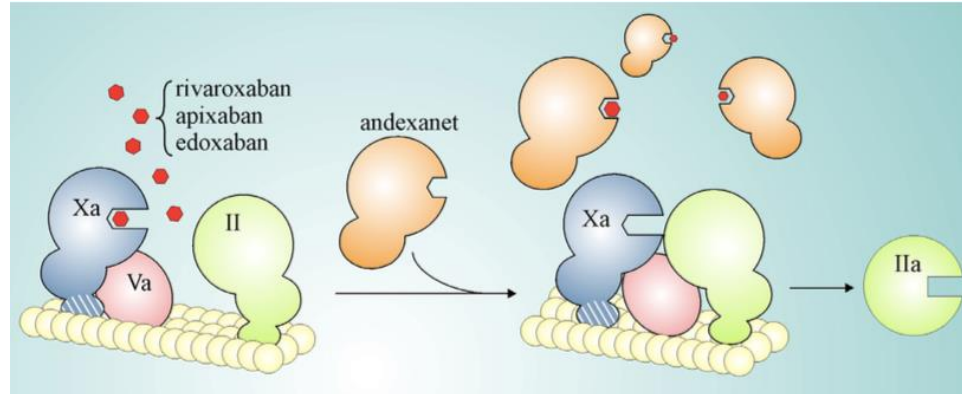
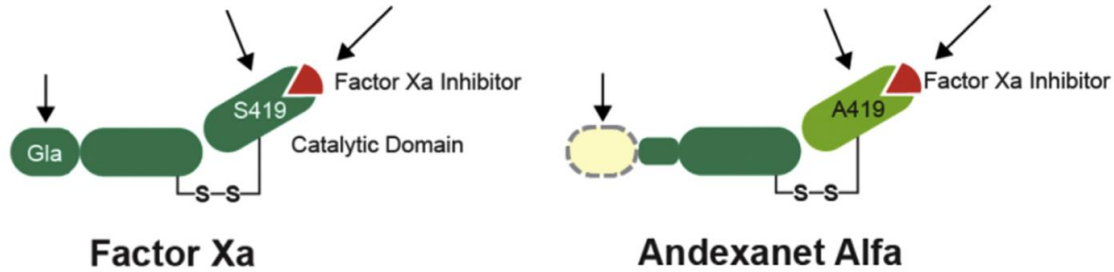


Figure 2

Anticoagulants anti-Xa direct

Andexanet Alfa for the Reversal of Factor Xa Inhibitor Activity

Recombinant human FXa variant



Full Study Report of Andexanet Alfa for Bleeding Associated with Factor Xa Inhibitors

ANNEXA-4 Investigators
February 7 2019



Hémorragies majeures sous anti-Xa → Andexanet bolus + IVSE sur 2h

n=352 128 *rivaroxaban*
 194 *apixaban*
 20 *enoxaparin*
 10 *edoxaban*

<i>riva<7h edox enox</i>	<i>800 mg IVL + 960 mg IVSE</i>
<i>riva>7h apix</i>	<i>400 mg IVL + 480 mg IVSE</i>

Full Study Report of Andexanet Alfa for Bleeding Associated with Factor Xa Inhibitors

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February 7 2019

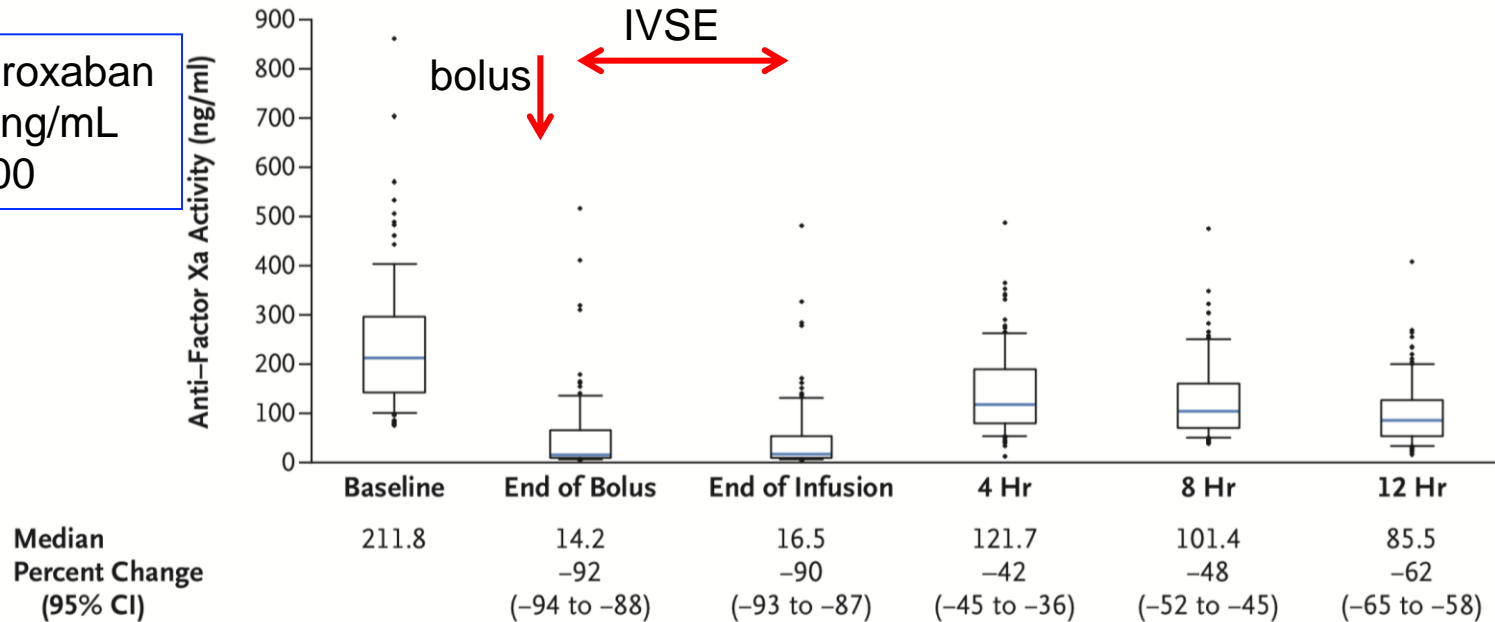


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Rivaroxaban
>75 ng/mL
n=100



Full Study Report of Andexanet Alfa for Bleeding Associated with Factor Xa Inhibitors

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February 7 2019

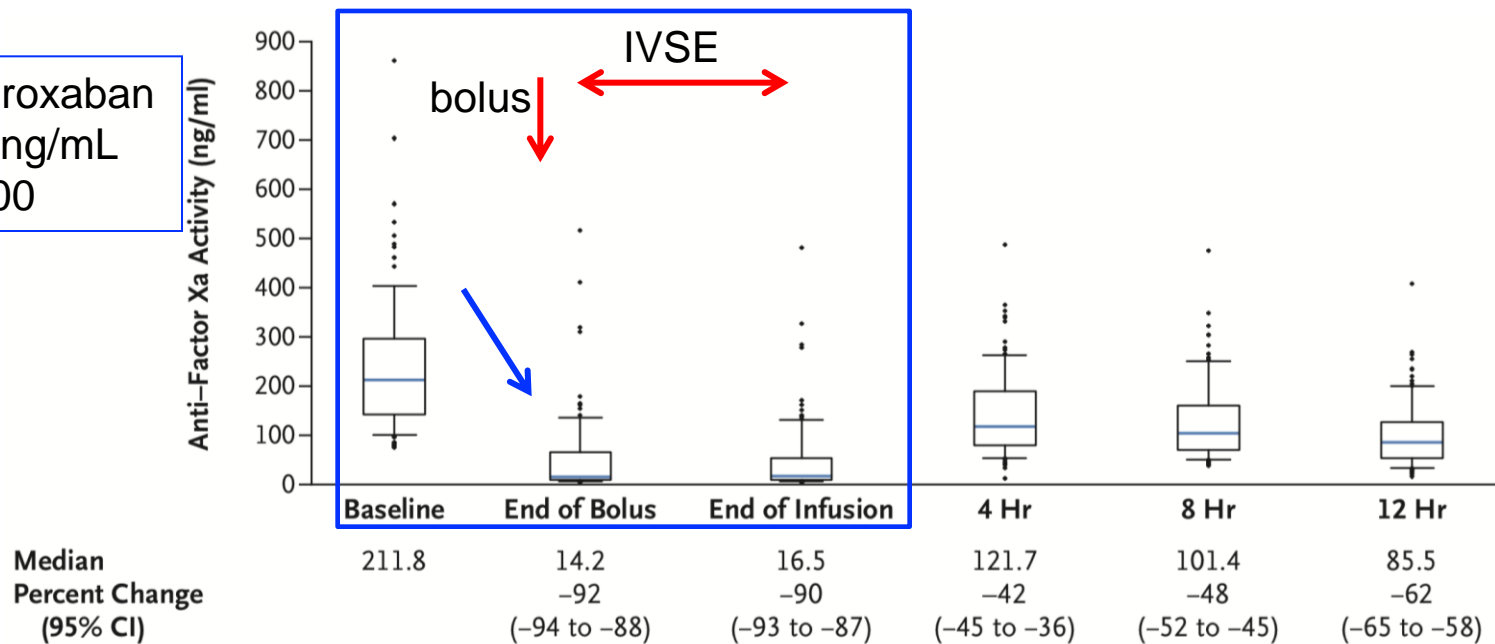


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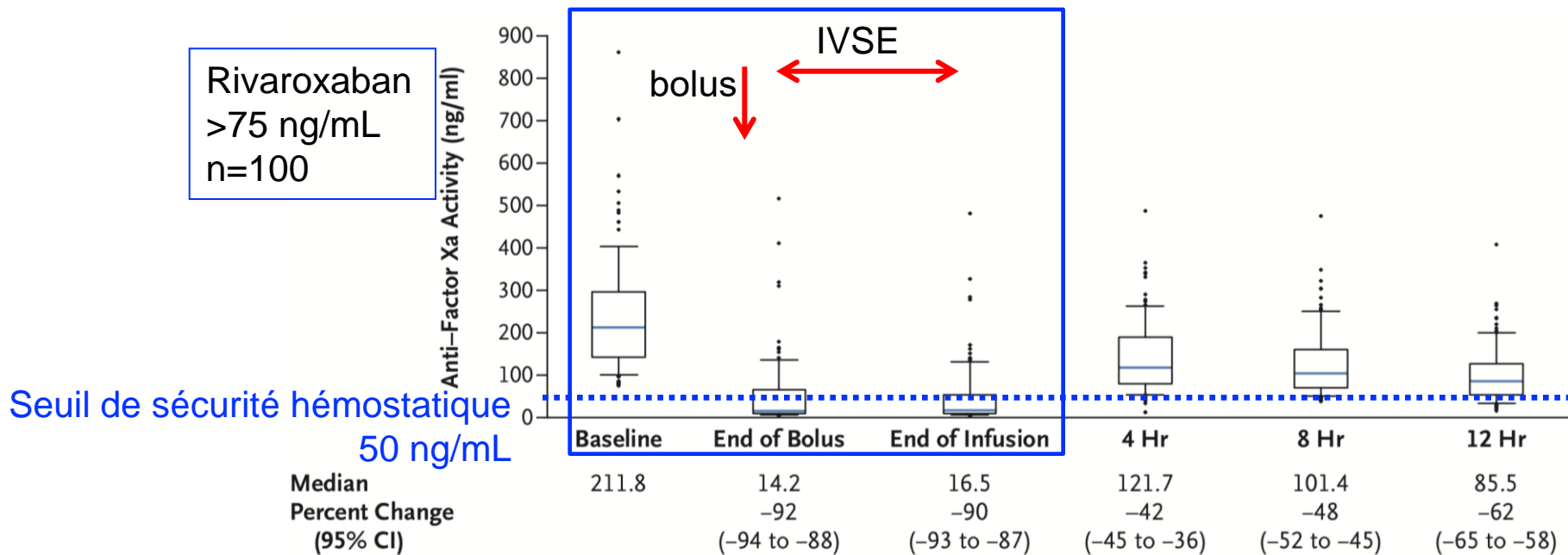
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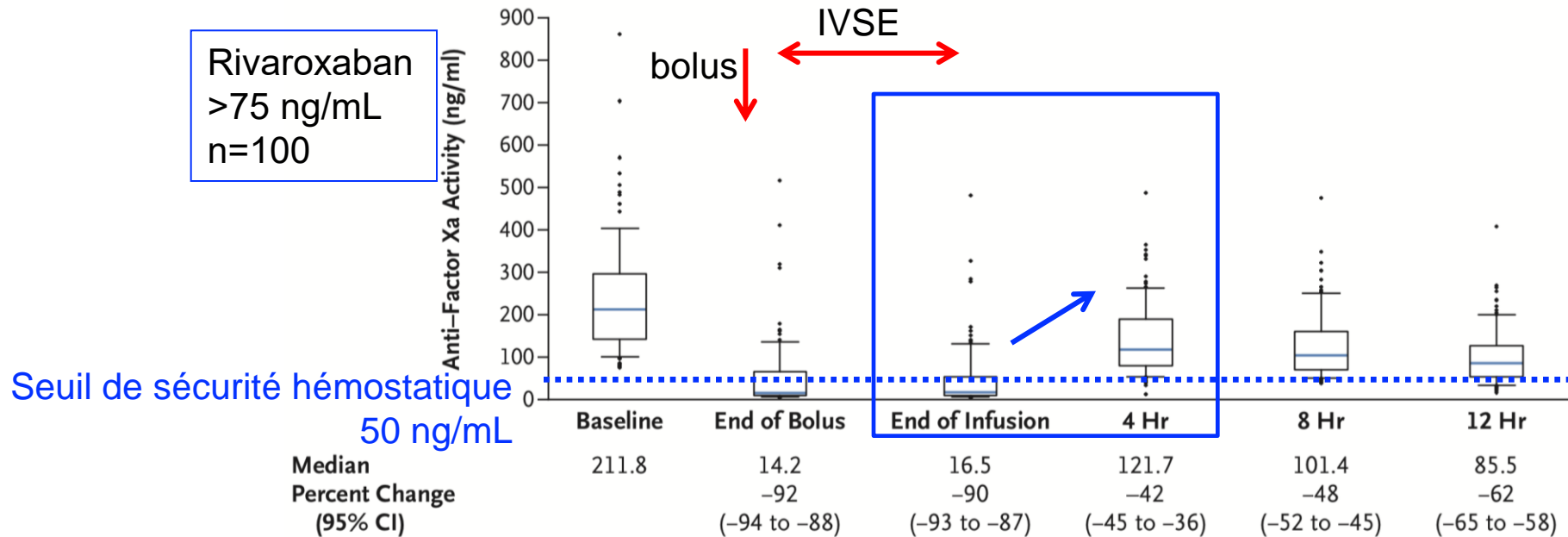
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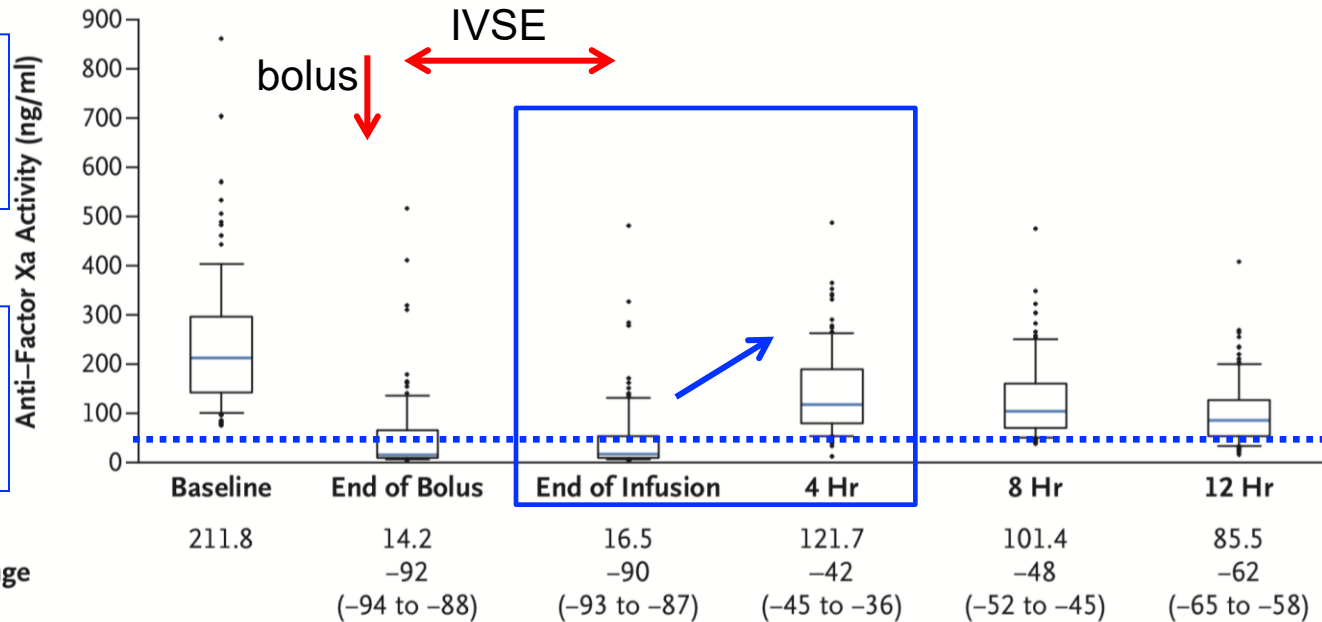
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<i>riva>7h apix</i>	400 mg IVL + 480 mg IVSE

Rivaroxaban
>75 ng/mL
n=100

Evènements thromboemboliques
10% à 30 jours

Median
Percent Change
(95% CI)





NCT03661528

Trial of Andexanet in ICH Patients Receiving an Oral FXa Inhibitor



?

Andexanet for Factor Xa Inhibitor–Associated Acute Intracerebral Hemorrhage

Connolly SJ, Sharma M, Cohen AT (...) ANNEXA-I Investigators



2024

patients with ICH
<6 hrs of symptoms onset
<15 hrs oral FXa inhibitors

Andexanet

Usual Care

85.5% PCC

Primary endpoint: hemostatic efficacy **H12** postrandomisation
expansion of the hematoma volume $\leq 35\%$
 \nearrow in the score on the NIHSS < 7 points
no receipt of rescue therapy between 3 -12 hours



Safety: Thrombotic events
Death

Andexanet for Factor Xa Inhibitor–Associated Acute Intracerebral Hemorrhage



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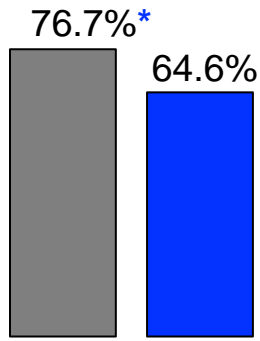
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Primary endpoint: hemostatic efficacy **H12** postrandomisation
expansion of the hematoma volume $\leq 35\%$
 \uparrow in the score on the NIHSS < 7 points
no receipt of rescue therapy between 3 -12 hours
67 vs 53.1% adjusted difference, 13.4; 95%CI 4.6 to 22.2; **p=0.003**

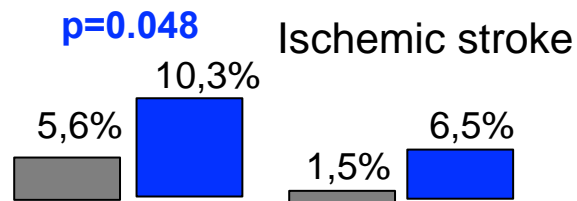


Safety: Thrombotic events
Death

Hematoma volume Expansion



Thrombotic event



Ischemic stroke

modified Rankin scale
Death within 30 days

No difference



Prothrombin complex concentrates

non activated PCC



Coagulation factors
II, VII, IX and X

(+/- protein C, S antithrombin, heparin...)

Activated PCC



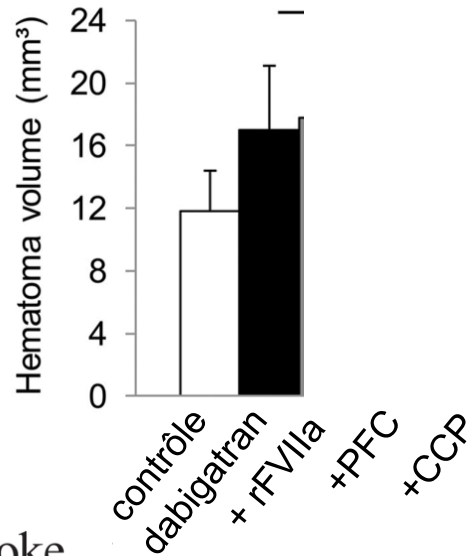
Factor Eight Inhibitor By-passing Activity

Mixture of coagulation factors
Including II, VII, IX and X

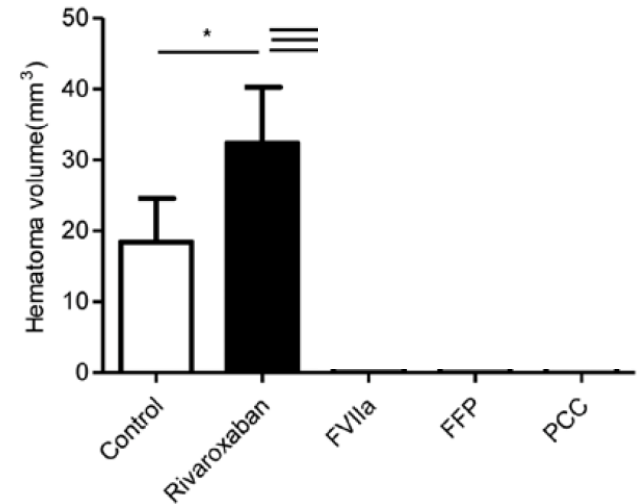
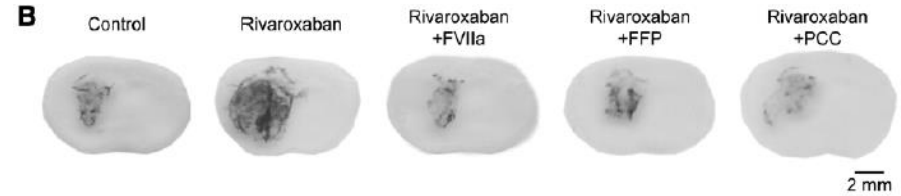
Including activated factors, mainly VIIa and IIa

AOD et hématome intracérébral

Dabigatran

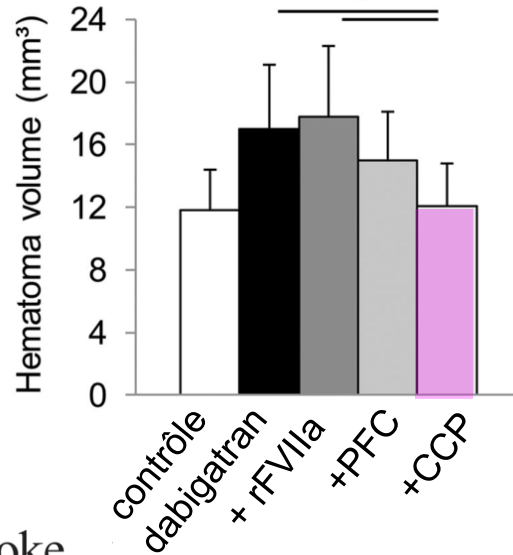


Rivaroxaban

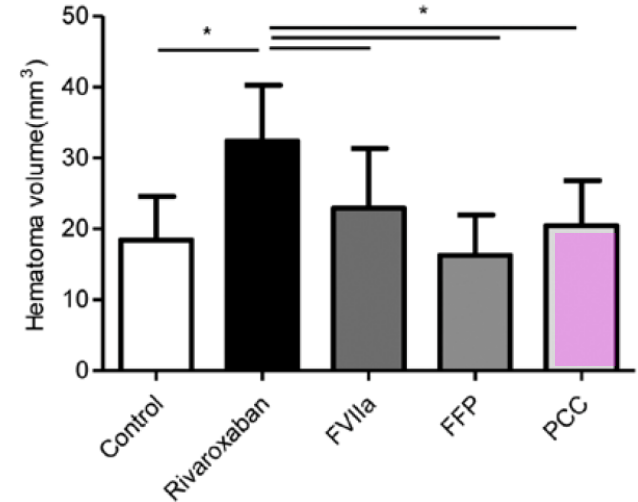


AOD et hématome intracérébral

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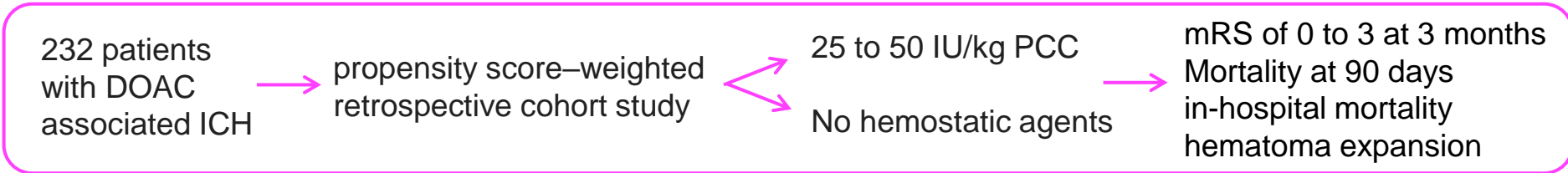


Rivaroxaban



Prothrombin Complex Concentrate vs Conservative Management in ICH Associated With Direct Oral Anticoagulants

Ip B, Pan S, Yuan Z, Hung T, Ko H, Leng X, Liu Y, Li S, Lee SY, Cheng C, Chan H, Mok V, Soo Y, Wu X, Lui LT, Chan R, Abrigo J, Dou Q, Seiffge D, Leung T.



Outcomes	Prothrombin complex concentrate (n = 85) vs conservative management (referent, n = 97)	
	aOR (95% CI)	P value
Good neurological recovery at 90 d	0.62 (0.33-1.16)	.14
Mortality at 90 d	1.03 (0.70-1.53)	.88
In-hospital mortality	1.11 (0.69-1.79)	.66
Hematoma expansion ^a	0.94 (0.38-2.31)	.90

inefficace, infructueux, stérile, vain, dispensable, superfétatoire



Evaluation of Direct Oral Anticoagulant Reversal Agents in Intracranial Hemorrhage

A Systematic Review and Meta-analysis

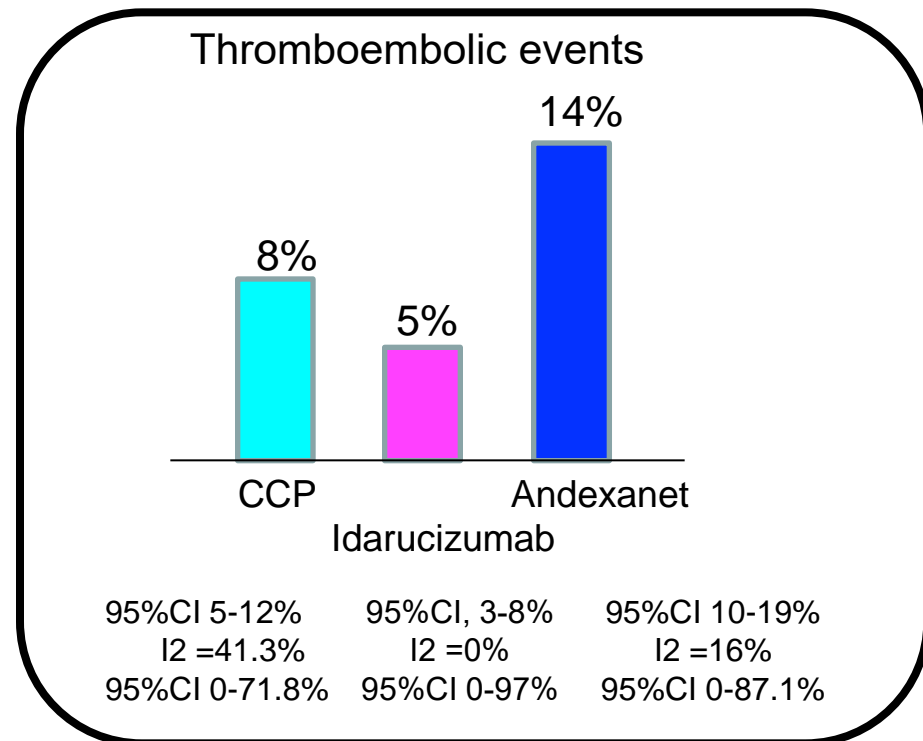
Chaudhary R, et al.

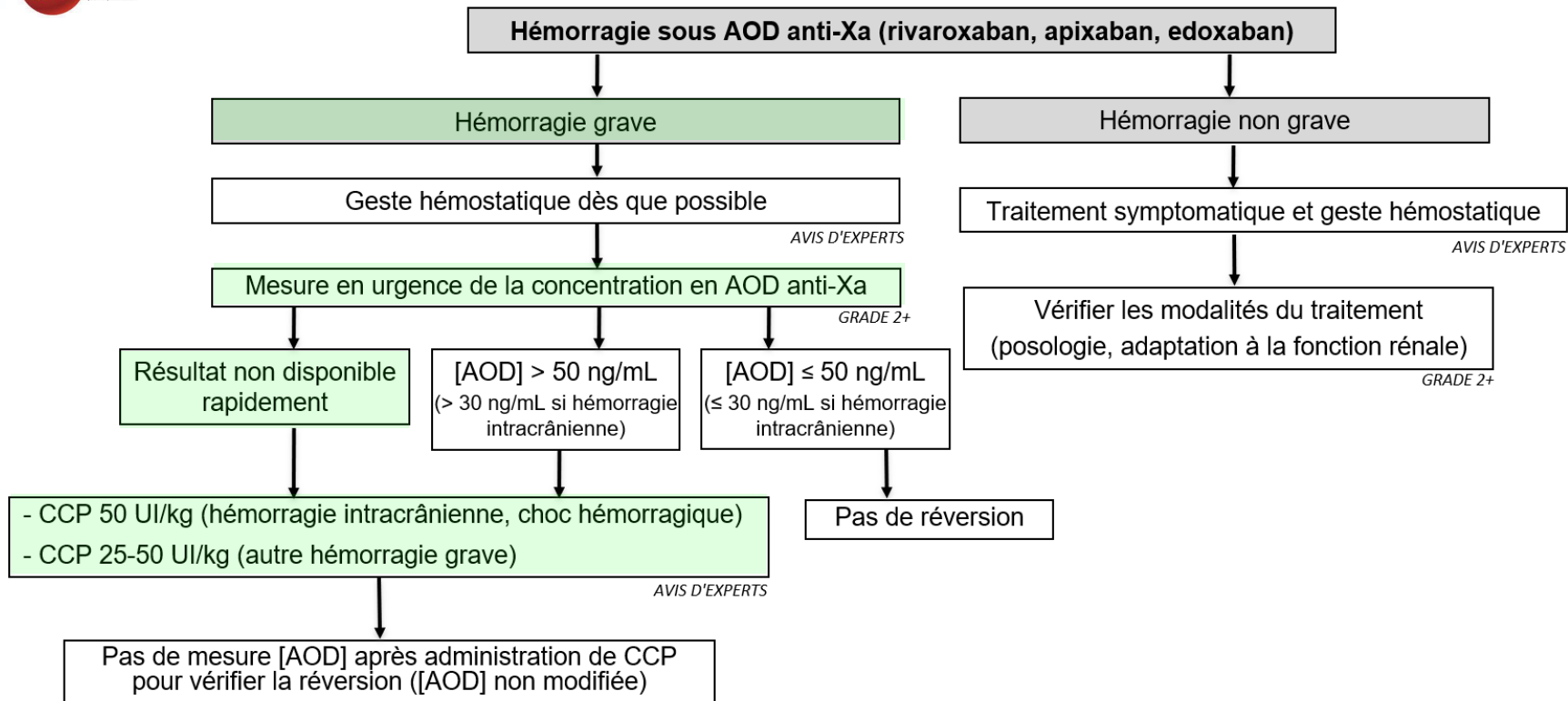
36 studies

1832 patients: 967 receiving 4-factor PCC

525 andexanet alfa

340 idarucizumab







RECOMMANDATIONS FORMALISÉES D'EXPERTS

De la **Société Française de Médecine d'Urgence**,
la **Société Française d'Anesthésie-Réanimation et médecine péri-opératoire**
du **Groupe d'intérêt en Hémostase Péri-opératoire**
et **Société Française de Thrombose et d'Hémostase**

Gestion de l'anticoagulation dans un contexte d'urgence

2024